

The Barlow 10K

Friday 12th July 2019

Start 7.00pm from The Hare & Hounds, Barlow

10k run on quiet country lanes in the breath-taking Derbyshire countryside

Entry £6 on the day

Pre entry £5

Please complete form and return to:

Barlow Carnival c/o 5 Overlees, Barlow, Dronfield S18 7TP

Please make cheques payable to Barlow Carnival

Race numbers to be collected on the night

Registration from 6pm at The Hare & Hounds

Name _____

Address _____

_____ Postcode _____

Male/Female *(Please circle)*

Declaration

I certify that I am physically fit, have sufficiently trained for participation in the Barlow Carnival 10k race and have not been advised to do otherwise by a medically qualified person.

While Barlow Carnival has taken reasonable steps to secure the safety of competitors, I acknowledge and accept that Barlow Carnival accepts no liability for any injury, loss or damage arising out of my participation in the said race, however caused, and my participation in the said race is on this basis.

I confirm that I have read and understand the above.

Name _____ Date ___/___/___

Signed _____ Date ___/___/___

